



TREATMENT PACKAGE "DISEASES OF THE MUSCULOSKELETAL SYSTEM"

Name of procedures and studies	Number of procedures																				
Diagnostic block	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
Appointment with the attending physician,	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Initial Appointment with the attending	1	1	1	1	1	1	1	2	2	2	2	2	2	3	3	3					
physician, follow-up Visit to the attending physician	4	5	6	7	8	9	9	10	11	12	12	13	14	15	16						
Final appointment with the attending physician	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Clinical blood test Biochemical	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
blood test glucose Biochemical analysis	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2
extended liver function test (ALT, AST)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical analysis Calcium in the blood	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Biochemical analysis Creatinine in blood	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Blood chemistry Glycohemoglobin	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Antistreptolysin O (ASO)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Rheumatoid factor (RF) C-reactive protein	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
(CRP) Clinical urine analysis Resting	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
electrocardiography (ECG) Chest X-ray	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Ultrasound of abdominal organs	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2
Appointment and consultation with a specialist doctor:	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Dentist or</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Urologist or gynecologist or</i>																					
<i>Physiotherapist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Cardiologist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<i>Dermatologist</i>	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Health center Dietary	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
nutrition, buffet																					
Finnish sauna - free access upon doctor's recommendation	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Pool - free swimming with thermotherapy (1 hour) Turkish bath - free visit on	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
doctor's recommendation	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Terrain cure – therapeutic dosed walking																					
Physiotherapy - group classes	6	7	8	9	10	11		12		14											18
Treatment block	7 k/d	8 k/d	9 k/d	10k/d	11 k/d	12 k/d	13 k/d	14 k/d	15 k/d	16 k/d	17 k/d	18 k/d	19 k/d	20 k/d	21 k/d						
Baths and water treatments: <i>Naphthalan baths or infrared treatment</i> <i>or Light bath or</i> <i>Iodine-bromine baths or</i> <i>Hydromassage baths for upper and lower extremities Massage and</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
manipulation: <i>Classic manual massage (1.5 units) or</i> <i>Spinal traction or</i> <i>Hardware lymphatic drainage massage or</i> <i>Physiotherapy (individual lessons)</i>	9	10	11	12	14	15	16	17	18	19	21	22	24	24	25						
Paraffin therapy: <i>Paraffin therapy (neck + back) or</i> <i>Paraffin therapy (lower limbs) or</i> <i>Paraffin therapy (upper limbs)</i> <i>Hardware</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
physiotherapy: <i>Infrared ray treatment</i> <i>or</i> <i>Light bath or</i> <i>Shortwave diathermy or</i> <i>Microwave diathermy or</i> <i>Magnetic therapy or</i> <i>Electrotherapy or</i> <i>Amplipulse or</i> <i>Laser therapy or</i> <i>Shock wave therapy (according to the protocol, maximum 2 times a week)</i> <i>or</i> <i>Darsanvalization or</i> <i>Phonophoresis with purified naphthalene or</i> <i>Hardware lymphatic drainage massage for upper and lower limbs or</i> <i>Ultrasound therapy</i>	6	7	8	9	10	11	11	12	13	14	14	15	16	17	18						
Specialized therapy: <i>High Intensity Laser Therapy or</i> <i>Energy vibrator</i>	5	6	7	8	9	10	11	12	13	14	15	16	17	17	18						
Total medical procedures**	32	37	42	47	53	58	60	65	70	75	78	83		89	92	97					

** The service is provided according to indications

** The total number of medical procedures included in the spa treatment package is determined by the attending physician based on the indications and contraindications.